

of Women's Care Center helps moms and dads choose life for their babies. You also help them have healthier pregnancies, become better parents and take steps to self-sufficiency.

**MERRY CHRISTMAS!** 

# Corre Contart Helping women choose life!

103 E. 1st Street, Duluth, MN 55802 supportwomenscarecenter.org

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# SCHOOL, MARRIAGE, SECOND BABY...in that order!



These are Jennyfer's future goals today.

A year ago, things were much different though. Jennyfer was crying at our center, worried about being pregnant, and thinking about abortion. Our counselor gently encouraged her to talk with her mom. Afraid to do that directly, Jennyfer confided in her older sister, and that did the trick! Her mom has been so supportive in encouraging her to choose life.

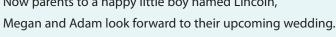
Jennyfer's pregnancy has only motivated her to work harder. She was accepted into a program, and is training to be a dental assistant. She completed our entire birth preparation program and attended parenting classes. She also reconnected with her faith, had her baby baptized, and has committed to abstinence.

Smiling, Jennyfer now says she wants to finish school and get married first...and then have another child.

## YOU HELPED THEM **LEARN TO PARENT!**

Adam had changed a diaper only once in his life before. But today he is a very capable dad. His fiancée Megan laughingly says, "Our counselor taught him everything he knows!"

While Megan attended parenting classes, Adam got one-on-one instruction on diapering and other practical baby basics from their counselor. Now parents to a happy little boy named Lincoln,





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Jen Woodall Director

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Megan and Adam

with baby Lincoln

#### **FOUNDER'S CIRCLE**

Angie Wambach, Bernie Kolar, Rob Link, Rev. Peter Muhich

### 1 IN 7 BABIES START HERE!

You might be surprised to learn that 1 of every 7 babies born in Duluth now starts with us. That's right! 193 Women's Care Center babies will soon celebrate their first Christmas here.

Your love and support of this life-saving mission, helps moms and dads, like Max's, find the courage to overcome fears and choose life. Today Max is beloved by his parents. Just think of the joy at Max's house as this little guy celebrates his first Christmas!

It is no wonder that abortions have declined 29% here since we opened in 2013.





#### THANKS TO YOU...HEARTS ARE TOUCHED.

#### THANKS TO YOU...FAMILIES ARE BUILT.

Jamila's baby

#### YOUR SUPPORT SAVED JAXSON

Last Thanksgiving, Dale and Lianne were sitting in a counseling room, burdened with worries, thinking about abortion.

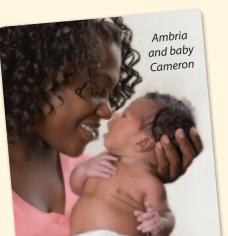
You see, the couple had always wanted children. They had tried unsuccessfully to have a child. But now, Dale was struggling with a chronic health condition, and it seemed impossible.

Our counselor lovingly encouraged them to get the facts about Dale's health and consider all their options. And with the promise of help from our center, they chose life.

This decision has led to so much good. Dale now says, "I actually feel better. I think this baby has given me the will to get better." And the couple grew closer and are now married.

Lianne says, "Women's Care Center helped us not rush into a decision we both would have regretted. Jaxson has changed our lives."





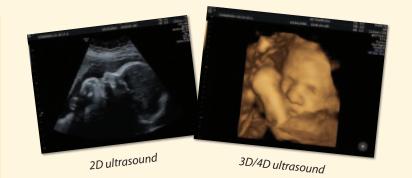
# "I CAN'T BELIEVE I DIDN'T WANT YOU!"

**Ambria says this now.** But when she first came to us, she didn't want a baby and was thinking about abortion. Ambria had goals. She wanted to buy a house and go back to school. She thought a baby would be a huge setback.

However, the ultrasound changed everything for her. "It made him so real!" And when she found out she was having a boy, she laughingly said, "He's going to be big with a lot of muscles!"

Ambria now could not be more in love with baby Cameron. She becomes emotional just thinking about how she almost didn't have him. She still has goals and is going back to school to complete her plan.

"The 3D/4D ultrasound made him look so real! That is what made me change my mind. After looking at his perfect face, I could never have an abortion." ~ Ambria



#### "YOU SAVED MY BABY!"

No "counseling." No ultrasound. JUST A PHONE CALL...but it saved a life!

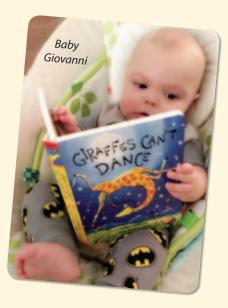
Jamila was desperate when she called our center wanting an abortion. On the phone that day, she found the most important thing we offer young women in need. LOVE. Jamila found someone to listen and encourage her. And our counselor never knew of her impact until months later.

Jamila came to our center to thank her, "I spoke with you over the phone. You took the time to hear me and calmed my heart. Because of you, I decided to keep my baby."

#### PROMOTING LITERACY

Giovanni has a "library" of books his parents received from our center. You might not know that most young and poor families do not have any books in the home. But thanks to your generous support, our babies have books to help them fall in love with reading.

If you are looking for a tangible item to donate this Christmas, please think of new or gently used children's books for our babies.



# **HEALTHY BABIES**

You might be surprised to learn that for many women, our center is the only prenatal care they receive in the first trimester. This is why we distribute free prenatal vitamins and educate about having a healthy pregnancy and breastfeeding. We also help with finding a doctor. And for those needing more, we provide an in-depth one-on-one birth preparation program.

Thanks to your generous support, baby Isabella's mom participated in prenatal education. Isabella weighed in at a healthy 8 pounds at birth, and her mom is breastfeeding.

