



For more information, contact:

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Formerly FirstChoice Clinic

614 N. 4th Street, Bismarck, North Dakota 58501  
[supportwomenscarecenter.org](http://supportwomenscarecenter.org)

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South Bend, Indiana  
Permit No. 45



# CARELINE

WOMEN'S CARE CENTER • SEPTEMBER 2019  
formerly FirstChoice Clinic

BISMARCK, NORTH DAKOTA



Gemma and baby Derek

You bring the joy of motherhood to so many Women's Care Center moms.

But more and more seek us out every day.

Please double down on love.

Donate now: [supportwomenscarecenter.org](http://supportwomenscarecenter.org)

Choose Bismarck

## Mia's Mom is thankful for you!

"When you're in a spot where you're not really sure or decided, you can always come here for support.

That's why I'm so grateful to the donors.

You can't find another place like this,"

says Jodi, Mia's mom.

**This young mom describes an environment of love.**

"I thought it would be just like the doctor's office.

I never expected this place to be so friendly! It feels like home. You can tell everyone really wants what is best for both the mom and the baby."

And for women facing unplanned pregnancies, this means a lot. Because of you, they find much more than just a comfortable space. Jodi says, "Sometimes, you go places and feel judged. That's what I love about coming here. I never feel that at all!"



Baby Mia

## "I took my pregnancy test alone in the Walmart bathroom."

Erica was a frightened college student studying animation. She says, "When I looked at that positive test, I decided to have an abortion and just not think about it anymore."

**But fortunately, during that scary time, Erica had you. You gave her a counselor that she could trust. You gave her love and support every step of the way.**

Erica describes seeing the ultrasound with her boyfriend. "We were shaking, we were so scared.

My eyes were closed shut because I was too afraid to look. The next thing I knew, I heard heartbeats filling the room. Twins! As soon as we saw them, we knew we could never abort! Those thoughts were just gone. These were our babies!"

Today, Erica is engaged to be married, still in college, and finishing up even faster than she had planned.

And Erica has donors like you to thank for saving her babies and transforming her life.

## "As soon as we saw them, we knew we could never abort."



Erica's twins Skylar and Paislee



Because of you...

## Our new downtown center is now open!

We want to give you a sneak peek at what you have helped to create for the moms and babies of Bismarck.

If you are in the neighborhood, please look for our large pink sign and stop in for a visit. *We would love to give you a tour.*



Bismarck  
614 N. 4th Street  
Bismarck, ND 58501



Reception Area



Counseling Rooms



Crib Club



Dr. Jerry Obritsch <i>(board member)</i>	Donna Miller <i>(Bismarck Director)</i>
Dr. Louise Murphy <i>(Volunteer Medical Director)</i>	Becky Marion <i>(Counselor/Sonographer)</i>
Angela Wambach <i>(Executive Director)</i>	Val Jundt <i>(Project Manager)</i>
Al Weisbeck <i>(board member)</i>	Kimberlee Collardo <i>(Counselor)</i>
Hannah Houle <i>(Counselor/Sonographer)</i>	



Mikey Hoeven (center) was one of our first visitors at the new center. She stopped by with a special gift of a stained glass window. Mrs. Hoeven is the former First Lady of North Dakota and wife of U.S. Senator John Hoeven.

## A Very Grateful Mom

Amber was 40. Worried about being a single mom. Worried about starting over. Abortion seemed like the only option.



Amber's Baby

But because of you, Amber found a loving counselor. And to her surprise, the obstacles "began to fall away." She says, "You provided so much support. You helped me focus on what was at hand and overcome it." Amber is so thankful for the decision she made. She wishes other women would know the joy that has come from it. "I'm in such a better place now and so happy to have my baby."

The staff enjoy frequent pictures and visits from Amber, and want to share them with you.

You are the one who helps women like Amber say "yes" to life, every day.

## You Help After a Choice For Life

**You may not know the critical role you play in helping moms have healthy babies.** At Women's Care Center, many of the women we see are not able to access prenatal medical care in the first trimester.

But thanks to your support, they get free prenatal vitamins and ongoing education. Right from the start! They learn about having a healthy baby, nutrition, first time moms, safe sleep and infant care.

And it works. In a two-year study at our long-time centers, women who visited 1-2 times had babies weighing an average of 6 pounds 15 ounces. Those visiting 7 or more times had babies weighing an average of 7 pounds 5 ounces.

*Thanks to you...*

those extra visits translate into some pretty big extra ounces for our tiny babies!



Healthy baby Alan

## Please Save the Date

*And plan to join the fun!*

**BISMARCK**  
Tuesday, October 15 | Ramkota Hotel

*Space is limited!*  
Please call Mona at (701) 237-5902 to register.

