

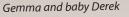
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You bring the joy of motherhood to so many Women's Care Center moms. But more and more seek us out every day.

Please double down on love. Donate now: supportwomenscarecenter.org or text YorkBabies to 91999

### Mia's Mom is thankful for you!

"When you're in a spot where you're not really sure or decided, you can always come here for support. That's why I'm so grateful to the donors. You can't find another place like this," says Jodi, Mia's mom.

This young mom describes an environment of love. "I thought it would be just like the doctor's office. I never expected this place to be so friendly! It feels like home. You can tell everyone really wants what is best for both the mom and the baby."



And for women facing unplanned pregnancies, this means a lot. Because of you, they find much more than just a comfortable space. Jodi says, "Sometimes, you go places and feel judged. That's what I love about coming here. I never feel that at all."

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Formerly Pregnancy & Family Resource Center

40 S. Richland Avenue, P.O. Box 1621 York, Pennsylvania 17405-1621

supportwomenscarecenter.org



# "I took my pregnancy test alone in the Walmart bathroom."

Erica was a frightened college student studying animation. She says, "When I looked at that positive test, I decided to have an abortion and just not think about it anymore."

#### But fortunately, during that scary time, Erica had you. You gave her a counselor that she could trust. You gave her love and support every step of the way.

Erica describes seeing the ultrasound with her boyfriend. "We were shaking, we were so scared. My eyes were closed shut because I was too afraid to look. The next thing I knew, I heard heartbeats filling the room. Twins! As soon as we saw them, we knew we could never abort! Those thoughts were just gone. These were our babies!"

Today, Erica is engaged to be married, still in college, and finishing up even faster than she had planned.

And Erica has donors like you to thank for saving her babies and transforming her life.



"As soon as we saw them, we knew we could never abort."

Erica's twins Skylar and Paislee

#### You Help Dads Too

"She puts this fire in my stomach. When I look at her, I realize — I do have something to look forward to. She makes me work harder. She gives me purpose every single day," says Marquis about his baby daughter Kya.

And coming to parenting class was not easy for Marguis. "I used to take three buses just to get here. I came to every class! Every single one."

At Women's Care Center, Marguis learned how



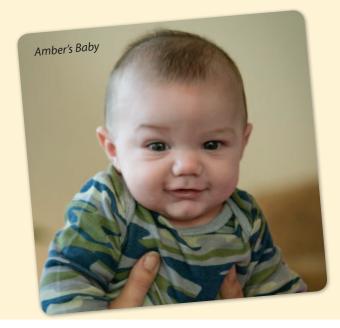
to be a good father. "I want to do more than just be there. I want to teach her, protect her innocence, make sure she has everything she needs to one day venture into the real world." And when speaking about you, Marquis says, "If I could meet the donors, I would just want to praise them."

"When I picture her future, I imagine she has on a gold princess crown or tiara, because she deserves it! I want her to be happy wherever she is," says Marquis of his baby Kya.



### A Very Grateful Mom

Amber was 40. Worried about being a single mom. Worried about starting over. Abortion seemed like the only option.



But because of you, Amber found a loving counselor. And to her surprise, the obstacles "began to fall away." She says, "You provided so much support. You helped me focus on what was at hand and overcome it." Amber is so thankful for the decision she made. She wishes other women would know the joy that has come from it. "I'm in such a better place now and so happy to have my baby."

The staff enjoy frequent pictures and visits from Amber, and want to share them with you.

You are the one who helps women like Amber say "yes" to life, every day.

### You Help After a Choice For Life

You may not know the critical role you play in helping moms have healthy babies. At Women's Care Center, many of the women we see are not able to access prenatal medical care in the first trimester.

But thanks to your support, they get free prenatal vitamins and ongoing education. Right from the start! They learn about having a healthy baby, nutrition, first time moms, safe sleep and infant care.

And it works. Over the last year, women who visited our York center 1-2 times had babies weighing an average of 6 pounds 11 ounces. Those visiting 7 or more times had babies weighing an average of 7 pounds 7 ounces.

Thanks to you...

## "Everyone is so nice here...,"

says Dannielle of Women's Care Center York. As a first-time mom, she was nervous about her first pregnancy. A big consolation for her was the ultrasound. Dannielle says, "having that ultrasound was really what gave us peace of mind."

Dannielle loved her visits to Women's Care Center. "You were always very understanding about me being anxious about my first pregnancy." She describes her first impression of the center saying, "It was so homey and warm! You really get to know the people you are working with."

Dannielle is grateful. "Everyone here knows us by our first names. It's like a second family!" Thank you for making this happy family possible.



Kattie, Nick and their baby Bexley



Baby Laiden, one of our healthy York babies

#### those extra visits translate into some pretty big extra ounces for our tiny babies!





Dannielle, Baby Lily Aurora and husband Justin

## A Thankful Email

"You probably don't remember my husband and me..."

This was the first line of an email from Kattie. Of course, we did!

A year ago, they were newly married and shocked to be pregnant so soon. Both were civil engineers in the Air Force. Complicating matters, the couple was about to be deployed to Japan. They desperately needed encouragement and an ultrasound to calm their fears. Kattie says,

> "We wanted to send you a picture of our little family now."